

Prusice Biegają 2025 - Etap 4

Athletics Team Prusice, Gmina Prusice, GOKIS, PCF Prusice · niedziela, 26 października 2025

Wyniki końcowe - 5 km

| Poz. | Nr | Nazwisko, Imię | Płeć | Kat | Miasto | Klub | Wynik | Tempo | Czas brutto | |
|------|-----|---------------------|------|-----|----------------------|--------------------------------------|------------------------|----------|-------------|------------|
| 1 | 115 | GARLIŃSKI ŁUKASZ | M | M20 | WIELOWIEŚ | KB KROKUS KWIATKOWICE | 17:57.63 | 03:35 | 0:17:57.80 | |
| 2 | 14 | FEDOROWICZ JACEK | M | M50 | WROCŁAW | KB VAMOS AMIGOS WROCŁAW | 18:14.27 | 03:39 | 0:18:14.68 | |
| 3 | 159 | CZERW ANNA | ♀ | K | K30 | TRZEBNICA | DTR BIEGA / MARIO TEAM | 18:27.46 | 03:41 | 0:18:27.46 |
| 4 | 84 | KISIELA MAREK | M | M50 | SMOLEC | TRENUJZNAMI.PL | 18:32.09 | 03:43 | 0:18:33.25 | |
| 5 | 176 | SIEKIRKA TOMASZ | M | M30 | SKOKOWA | | 18:38.86 | 03:44 | 0:18:39.76 | |
| 6 | 207 | ŚLIWIŃSKI BARTOSZ | M | M20 | TRZEBNICA | DTR BIEGA / MARIO TEAM | 19:05.62 | 03:49 | 0:19:06.29 | |
| 7 | 165 | KOBOS RADOSŁAW | M | M40 | SIECHNICE | ARKADIUSZ GARDZIELEWSKI RUNNING TEAM | 19:09.71 | 03:50 | 0:19:11.84 | |
| 8 | 21 | WIĘCKOWSKI TOMASZ | M | M50 | OBORNIKI ŚLĄSKIE | OBORYGENI | 19:10.47 | 03:50 | 0:19:12.08 | |
| 9 | 11 | SOBKIEWICZ JANUSZ | M | M50 | OBORNIKI ŚLĄSKIE | OBORYGENI | 19:36.51 | 03:55 | 0:19:36.92 | |
| 10 | 132 | POSŁUSZNY MARIUSZ | M | M50 | GŁOSKA | TEAM ZNAD ODRY | 19:43.99 | 03:56 | 0:19:45.60 | |
| 11 | 184 | OZIEBAŁA ALEKSANDER | M | M20 | OBORNIKI ŚLĄSKIE | | 19:56.27 | 03:59 | 0:19:58.14 | |
| 12 | 47 | HRYNIEWIECKI PAWEŁ | M | M30 | PĘGÓW | OŚ RACING TEAM | 20:03.02 | 04:01 | 0:20:04.89 | |
| 13 | 100 | WRÓBLEWSKI SŁAWOMIR | M | M40 | SOBIAŁKOWO | SOMAPOL | 20:04.25 | 04:01 | 0:20:05.86 | |
| 14 | 253 | KRASIŃSKI JAROSŁAW | M | M40 | TRZEBNICA | TUPTATUTEAM | 20:09.89 | 04:02 | 0:20:11.17 | |
| 15 | 65 | CZERW KONRAD | M | M40 | TRZEBNICA | DTR BIEGA / MARIO TEAM | 20:25.44 | 04:05 | 0:20:27.57 | |
| 16 | 152 | DUL ANDRZEJ | M | M30 | ŚRODA ŚLĄSKA | | 20:25.48 | 04:05 | 0:20:27.09 | |
| 17 | 87 | DĄBROWSKI ŁUKASZ | M | M30 | WIŃSKO | START ŚCINAWA | 20:59.19 | 04:12 | 0:21:00.60 | |
| 18 | 194 | CZARCIŃSKI MICHAŁ | M | M50 | ZAWONIA | | 21:11.67 | 04:14 | 0:21:13.87 | |
| 19 | 255 | SOBCZAK SEBASTIAN | M | M40 | | GRUPA ADAMA | 21:12.88 | 04:14 | 0:21:14.83 | |
| 20 | 163 | ADAMSKA JOANNA | ♀ | K | K20 | WROCŁAW | 21:34.55 | 04:19 | 0:21:35.34 | |
| 21 | 208 | PIASECKI ZYGMUNT | M | M40 | WOŁÓW | GRUPA ADAMA | 22:00.12 | 04:24 | 0:22:02.82 | |
| 22 | 62 | JASKUŁA MATEUSZ | M | M30 | TRZEBNICA | | 22:03.97 | 04:25 | 0:22:04.51 | |
| 23 | 224 | SICIAK ŁUKASZ | M | M40 | KORZEŃSKO | ORLA KORZEŃSKO | 22:14.98 | 04:27 | 0:22:19.93 | |
| 24 | 257 | CZERNIAWSKI SZYMON | M | M40 | WOŁÓW | GRUPA ADAMA | 22:23.77 | 04:29 | 0:22:25.72 | |
| 25 | 22 | BEKACZ STANISŁAW | M | M60 | WIŃSKO | START ŚCINAWA | 22:24.57 | 04:29 | 0:22:29.10 | |
| 26 | 149 | JARECKI IRENEUSZ | M | M50 | TRZEBNICA | ATHLETIC TEAM PRUSICE | 22:40.96 | 04:32 | 0:22:42.83 | |
| 27 | 39 | LASKA PIOTR | M | M30 | ŚWIĄTNIKI | | 22:41.71 | 04:32 | 0:22:45.73 | |
| 28 | 37 | ZACHARY PAWEŁ | M | M40 | CIECHÓW | TEAM ZNAD ODRY | 22:59.69 | 04:36 | 0:23:01.88 | |
| 29 | 46 | ZEMBATY MAREK | M | M40 | KAMIENIEC WROCŁAWSKI | | 23:01.86 | 04:36 | 0:23:04.30 | |
| 30 | 256 | PALUSZEK GRZEGORZ | M | M40 | | GRUPA ADAMA | 23:06.21 | 04:37 | 0:23:09.37 | |
| 31 | 26 | KURZAWA ARTUR | M | M50 | WOŁÓW | | 23:22.70 | 04:40 | 0:23:28.41 | |
| 32 | 7 | KOZYRSKI MACIEJ | M | M20 | WOŁÓW | | 23:39.33 | 04:44 | 0:23:45.78 | |
| 33 | 121 | GACEK PAWEŁ | M | M40 | WOŁÓW | GRUPA ADAMA | 23:57.83 | 04:47 | 0:24:00.72 | |
| 34 | 254 | HRYNIEWICZ NATALIA | ♀ | K | K30 | GRUPA ADAMA | 24:03.10 | 04:49 | 0:24:06.51 | |
| 35 | 140 | LACHOWICZ KRZYSZTOF | M | M40 | SKOKOWA | ATHLETICS TEAM PRUSICE | 24:13.95 | 04:50 | 0:24:16.39 | |
| 36 | 41 | BUCZEK ANNA | ♀ | K | K30 | PIOTRKOWICE | 24:20.57 | 04:52 | 0:24:24.83 | |
| 37 | 206 | ŚLIWIŃSKA PAULINA | ♀ | K | K40 | TRZEBNICA | DTR BIEGA / MARIO TEAM | 24:32.27 | 04:55 | 0:24:35.68 |
| 38 | 213 | CZEKAJ KAMIL | M | M20 | PRUSICE | | 24:34.31 | 04:55 | 0:24:38.33 | |
| 39 | 113 | STAŚKIEWICZ TOMASZ | M | M40 | WOŁÓW | WOŁÓW BIEGA | 24:36.14 | 04:55 | 0:24:38.58 | |
| 40 | 51 | TOPA BEATA | ♀ | K | K40 | WIELKA LIPA | 24:40.18 | 04:56 | 0:24:47.98 | |

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Wyniki końcowe - 5 km

| Poz. | Nr | Nazwisko, Imię | Płeć | Kat | Miasto | Klub | Wynik | Tempo | Czas brutto | |
|------|-----|---------------------------|------|------|------------------|------------------------|------------------------|----------|-------------|------------|
| 41 | 3 | GADASZEWSKA ANNA | ♀ | K | K40 | TRZEBNICA | AKS BUKOWE | 24:49.38 | 04:58 | 0:24:53.04 |
| 42 | 64 | KNOTZ AGNIESZKA | ♀ | K | K30 | WROCLAW | | 25:13.41 | 05:02 | 0:25:18.11 |
| 43 | 80 | FORENC DAMIAN | M | M40 | PANIEWICE | OBORYGENI | 25:15.20 | 05:03 | 0:25:17.15 | |
| 44 | 79 | FORENC DOMINIK | M | M16 | PANIEWICE | OBORYGENI | 25:17.54 | 05:04 | 0:25:19.08 | |
| 45 | 6 | GRZELKA-ZEMBATY KATARZYNA | ♀ | K | K40 | KAMIENIEC WROCLAWSKI | | 25:41.51 | 05:08 | 0:25:49.94 |
| 46 | 133 | POSŁUSZNA ANNA | ♀ | K | K50 | GŁOSKA | TEAM ZNAD ODRY | 25:52.17 | 05:10 | 0:25:56.70 |
| 47 | 240 | RADEK KONRAD | M | M30 | | SPARTA | 26:24.43 | 05:17 | 0:26:32.12 | |
| 48 | 23 | KAPUT PAWEŁ | M | M40 | TRZEBNICA | DTR BIEGA / MARIO TEAM | 26:40.89 | 05:20 | 0:26:44.91 | |
| 49 | 202 | LIPIECKA MAŁGORZATA | ♀ | K | K40 | OBORNIKI ŚLASKIE | OBORYGENI | 26:48.19 | 05:22 | 0:26:49.73 |
| 50 | 61 | ZDROJEWSKI DOMINIK | M | M40 | WROCLAW | | 26:48.22 | 05:22 | 0:26:59.62 | |
| 51 | 151 | JURECKI ZYGFRYD | M | M60 | WROCLAW | PARKRUN WROCLAW | 26:57.10 | 05:23 | 0:27:11.20 | |
| 52 | 144 | HAZUBSKA ANNA | ♀ | K | K50 | TRZEBNICA | ATHLETICS TEAM PRUSICE | 27:01.52 | 05:24 | 0:27:11.20 |
| 53 | 31 | KAPUT PIOTR | M | M40 | TRZEBNICA | DTR BIEGA / MARIO TEAM | 27:57.47 | 05:35 | 0:28:02.30 | |
| 54 | 4 | WASILUK DARIUSZ | M | M50 | KOPASZYN | | 28:05.35 | 05:37 | 0:28:13.15 | |
| 55 | 42 | DUNAL GRZEGORZ | M | M30 | LIPNICA | | 28:05.97 | 05:37 | 0:28:13.15 | |
| 56 | 242 | BUCZEK ANTONI | M | M16 | PRUSICE | | 28:15.09 | 05:39 | 0:28:23.52 | |
| 57 | 243 | BUCZEK ZOFIA | ♀ | K | K16 | PRUSICE | | 28:16.32 | 05:39 | 0:28:24.25 |
| 58 | 40 | BUCZEK MATEUSZ | M | M30 | PIOTRKOWICE | | 28:17.03 | 05:40 | 0:28:25.46 | |
| 59 | 27 | PIASECKI JAROSŁAW | M | M30 | SŁUP | | 28:31.55 | 05:42 | 0:28:37.75 | |
| 60 | 236 | POLAK MARCEL | M | M16 | OBORNIKI ŚLASKIE | OBORYGENI | 28:37.97 | 05:43 | 0:28:40.41 | |
| 61 | 212 | GURKOWY ADAM | M | M50 | PRUSICE | MARKUS SAJEWICZ TEAM | 28:43.94 | 05:44 | 0:28:51.74 | |
| 62 | 185 | MAĆZKA EWELINA | ♀ | K | K20 | OSOLA | | 28:57.13 | 05:47 | 0:29:01.15 |
| 63 | 181 | ZIÓŁKOWSKI KRZYSZTOF | M | M+70 | WROCLAW | PARKRUN WROCLAW | 29:04.37 | 05:49 | 0:29:08.63 | |
| 64 | 114 | STAŚKIEWICZ MATEUSZ | M | M16 | WOLOW | WOŁÓW BIEGA | 29:18.55 | 05:52 | 0:29:30.33 | |
| 65 | 86 | PRZYŁUCKA MAŁGORZATA | ♀ | K | K16 | LUBIN | | 30:00.20 | 06:00 | 0:30:09.39 |
| 66 | 59 | ZDROJEWSKI STANISŁAW | M | M16 | LEGNICA | | 30:04.02 | 06:01 | 0:30:15.42 | |
| 67 | 220 | MACHOWSKI EWDARD | M | M+70 | WOŁÓW | GRUPA ADAMA | 30:21.31 | 06:04 | 0:30:26.51 | |
| 68 | 160 | SZYSZKA SANDRA | ♀ | K | K30 | PRUSICE | ATHLETICS TEAM PRUSICE | 30:22.93 | 06:04 | 0:30:30.37 |
| 69 | 120 | HUZARSKA KATARZYNA | ♀ | K | K30 | WILKOWA | | 30:23.73 | 06:05 | 0:30:32.54 |
| 70 | 153 | MICHAŁOWICZ MARTA | ♀ | K | K30 | TRZEBNICA | DTR BIEGA / MARIO TEAM | 30:53.72 | 06:11 | 0:30:57.13 |
| 71 | 177 | CIOROCH MONIKA | ♀ | K | K30 | WROCLAW | PARKRUN WROCLAW | 32:12.21 | 06:26 | 0:32:17.16 |
| 72 | 198 | NOWAK KAROL | M | M+70 | WOŁÓW | WOŁÓW BIEGA | 32:22.20 | 06:28 | 0:32:31.63 | |
| 73 | 258 | LASZKIEWICZ JACEK | M | M60 | WOŁÓW | WOŁÓW BIEGA | 32:47.41 | 06:34 | 0:32:52.36 | |
| 74 | 142 | HAZUBSKA AGNIESZKA | ♀ | K | K30 | TRZEBNICA | ATHLETICS TEAM PRUSICE | 33:22.53 | 06:40 | 0:33:34.31 |
| 75 | 143 | HAZUBSKI ŁUKASZ | M | M20 | TRZEBNICA | ATHLETICS TEAM PRUSICE | 33:24.12 | 06:41 | 0:33:34.79 | |
| 76 | 63 | KRAŚNIEWSKA WANDA | ♀ | K | K40 | ŻMIGRÓD | | 33:47.13 | 06:46 | 0:33:59.15 |
| 77 | 226 | STASZAK MACIEJ | M | M16 | TRZEBNICA | AKS BUKOWE | 35:08.53 | 07:02 | 0:35:18.96 | |
| 78 | 38 | WITTEK MAGDALENA | ♀ | K | K20 | WIŃSKO | | 35:58.08 | 07:11 | 0:36:05.26 |
| 79 | 175 | SZAŁAJKO JERZY | M | M60 | WROCLAW | PARKRUN WROCLAW | 36:03.99 | 07:13 | 0:36:14.42 | |
| 80 | 174 | SZAŁAJKO ANNA | ♀ | K | K+60 | WROCLAW | PARKRUN WROCLAW | 36:05.22 | 07:13 | 0:36:14.90 |

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Wyniki końcowe - 5 km

| Poz. | Nr | Nazwisko, Imię | Płeć | Kat | Miasto | Klub | Wynik | Tempo | Czas brutto |
|------|-----|----------------------------|------|------|---------|-----------------|----------|-------|-------------|
| 81 | 99 | ADAMSKI RAFAŁ | M | M50 | WROCLAW | PARKRUN WROCLAW | 36:50.57 | 07:22 | 0:36:59.51 |
| 82 | 162 | ADAMSKA IWONA | ♀ | K | K50 | WROCLAW | 36:50.57 | 07:22 | 0:36:59.51 |
| 83 | 179 | WANAT WACŁAW | M | M+70 | WROCLAW | PARKRUN WROCLAW | 37:31.00 | 07:30 | 0:37:43.39 |
| 84 | 167 | KASZKUR ALICJA | ♀ | K | K40 | ŻMIGRÓD | 37:34.77 | 07:31 | 0:37:40.97 |
| 85 | 95 | WOSIK RADOSŁAW | M | M30 | ŻMIGRÓD | BEZ KLUBU | 37:35.73 | 07:31 | 0:37:41.69 |
| 86 | 60 | ZDROJEWSKA ELZBIETA | ♀ | K | K40 | WROCLAW | 38:12.09 | 07:38 | 0:38:25.34 |
| 87 | 168 | CZEKAJ KATARZYNA | ♀ | K | K50 | KOPASZYN | 38:12.63 | 07:38 | 0:38:18.83 |
| 88 | 238 | WIRTH-CZARCIŃSKA MAGDALENA | ♀ | K | K50 | ZAWONIA | 38:26.10 | 07:41 | 0:38:33.54 |
| 89 | 74 | STAROSTA BEATA | ♀ | K | K50 | PRUSICE | 42:41.18 | 08:32 | 0:42:54.43 |
| 90 | 81 | BIJAK DOROTA | ♀ | K | K+60 | WROCLAW | 42:44.97 | 08:33 | 0:42:55.15 |